

# HOW TO BE AN ACTIVIST

How can an ordinary person influence what is going on in the World, and change things for the better?

- ✚ We are all extraordinary, and we can all do something.
- ✚ We can inform ourselves about what is going on.
- ✚ We can share this information with others
- ✚ We can try to influence those who are in a position to make decisions.

Get yourself informed by taking notice of what is going on around you, talking to people, watching the news on TV, reading newspapers/magazines, and researching on the internet.

Work out your own views for yourself

Identify which subjects make you angry: anger can be channelled into a positive source of energy.

Think about how you would like it to change. Imagine the way forward.

Think about what you can do, not just what you would like to do.

Actions could include: Getting elected to the School Council, talking to your Teaching Assistant, Classteacher or Headteacher.

If it is a big issue you could contact your local councillor or Member of Parliament (MP) by letter, and express your views. You will probably get a reply.

Talk to your friends, in a sensitive manner. Let them know how you feel about things, but respect their views.

Write a letter to a magazine or newspaper. It may not get published, but if it is, it will reach lots of people.